



Graham Day - Chair Trustee

I am standing for reappointment as a trustee on the Board of Trustees at Disability Action Haringey (DAH).

As a founding member of DAH and having the privilege of Chairing the Board for the last 5 years, I have, together with the other trustees and staff team, continued to build on the foundations of the charity to where it is today. I have been fully committed to raising the awareness of the organisation not only in the community but within the local authority and voluntary sector.

I have a physical impairment and a wheelchair user for over 30 years who knows the value of leading by experience. I wish to continue the journey with DAH and to serve the D/deaf and disabled community of Haringey and I hope I am given that opportunity to do so by receiving your vote.



Patricia Charlesworth - Trustee

I am seeking to stand for reappointment as a trustee on the Board of Disability Action Haringey (DAH).

I am a dedicated founding member of Disability Action Haringey and have played an integral role in championing the rights and well-being of people with disabilities. As present Trustee I would like to continue my commitment and actively involve myself with Disability Action Haringey to create positive change within the community.

I proudly identify as a person with a Learning Disability, and my lived experience inspires me to actively be involved in a range of organisations that share a common goal that empower the D/deaf and disabled people to find their voice and advocate for their rights.

I would like to continue serving as a Trustee of Disability Action Haringey and ask for your support and vote to enable me to continue contributing to the organisation's important work in supporting the community.



Andrew Carpenter - Trustee

Andrew Carpenter is autistic and was diagnosed as an adult. He is the Autism Lead for NHS England (NHSE), London Region. In his previous role, he was the Dementia Programme Lead and statutory Autism Lead for the Bi-borough councils in London (Westminster and the Royal Borough of Kensington & Chelsea), as well as co-Chairing the disability staff network.

As an Expert by Experience and outside of his paid role, Andrew is also an NHSE Peer Leader and Public Champion for Personalised Care and Social Prescribing in London. He has a background in delivering training and consultancy on Personalisation in Health and Social Care.

He trains on autism, with a particular interest in autism without a co-occurring learning disability and adapting therapeutic practice in mental health settings.

He has been a trustee at Disability Action Haringey for some time and would like to continue in this role, using his experience to support the work of the organisation and to support local disabled residents.

Natasha Benn - Trustee

Natasha began her career as a city-trained lawyer, specialising in international commercial and labour law, working across Europe, Asia, Africa, and the United States for clients including major banks, Fortune 500 companies, and government bodies. She later worked in-house internationally, most recently as a Senior Corporate Investigator with global responsibilities, handling complex investigations and legal matters.

Alongside her legal career, she has always been committed to social impact. Natasha was one of the founding trustees of Star for Africa, supporting children's education across Africa, and served as a pro bono advisor to organisations including Victim Support, Confederation of British Industry, and Citizens Advice.

After becoming disabled in 2008, Natasha now lives with a spinal injury, cauda equina syndrome, and NFD. Given her disabilities, Natasha now redirects her experience toward community leadership and advocacy. She founded and now leads ROARing Voices, using arts and expert-led events to raise awareness of social issues while developing young people's public speaking skills.

Natasha also mentors students and coaches wheelchair basketball through Rebels United Community Interest Company. In addition, Natasha serves as the Chair of Haringey Joint Partnership Board and is a member of the Livery of Educators.

With legal, strategic, health and social care and community leadership experience, Natasha brings strong collaboration, event organisation, advocacy, and a proven commitment to driving positive change.

Natasha has been a Trustee at Disability Action Haringey (DAH) since 2025 and actively supports the organisation in their development and the role they play in supporting the disabled residents in Haringey. Natasha would like to continue to be a Trustee.