



## **DPUF Meeting: 1 PM, Tuesday 26<sup>th</sup> Aug 2025**

Minutes of meeting held at The Winkfield Resource Centre

### **Attendees: 16**

Graham D (GD), Victoria D (VW), Gullu K (GK), Menassie (M), Joha (J), Penny T (PT), Osman D (OD), Tarana H (TH), Hassy N (HN), Matilda A (MA), Filiz H (FH), Maryam M (MM), Trevor (T), Deborah K (DK), Lydia S (LS), Greig C (GC).

### **Minutes:**

#### **Welcome and Introduction**

- GC welcomed members to the meeting and thanked the group for their attendance.
- The minutes from the July 2025 meeting were reviewed and accepted.
- GC welcomed DK from Mind Haringey as a special guest speaker to present to the group.

#### **Presentation and Discussion**

- DK presented on Mental Health and Well Being.
- Members of the group participated actively and shared their personal experiences with the group.
- The group appreciated the content and the presentation skills of DK.
- LS update the members of the group on the training being organised for DP holders and PAs. All can be booked on Eventbrite: [Disability Action Haringey Events - 11 Upcoming Activities and Tickets | Eventbrite](#) See the trainings opportunities below:

**Being a Better Employer** for DP holders Tuesday 30<sup>th</sup> September 2025, Wednesday 26<sup>th</sup> November 2025, Wednesday 18<sup>th</sup> February 2026, Tuesday 24<sup>th</sup> March 2026

**Autism Awareness** for PAs- Tuesday 9<sup>th</sup> September 2025

**Assisting to Move** for PAs- Friday 19<sup>th</sup> September 2025, Friday 14<sup>th</sup> November 2025

**Dementia Awareness** for PAs- Friday 3<sup>rd</sup> October 2025, Friday 17<sup>th</sup> October 2025

*Addition:* There has been an additional date added for **Emergency First Aid at Work** for PAs- Friday 7<sup>th</sup> November 2025.

- GC concluded the meeting by inviting each member to share a key takeaway from the presentation, resulting in a meaningful exchange of insights and sharing of information.

**Actions:**

- GC & LS to share the presentation along with 'quick tips' resources.

**Items:**

- Attached are the Presentation and the 'quick tips'.

**Adjournment:**

- Meeting adjourned by GC.
- Refreshments and Networking.