



DAH Physical Activity Network

## DAPHAN Meeting Minutes – 14<sup>th</sup> June 2023

### Attendees

Phil Stevens - DAH
Qasim Qureshi - Co Chair
Graham Day - DAH
Yvonne Denny – DAH
Darren Willbourne – DAH
Daniel Ball - Haringey Council
Lizzy Ngotta – SEND Power
Jack Simcoe - Haringey Council
Tash – We Swim
Ian Mclaughlin - Haringey Council

### Apologies:

Sherry Mullen – Co Chair  
Anita Yiannoullou – Haringey Walks  
Jim Shepley – Haringey Shed  
Sarah Miller - Markfield  
Ed Klein - Step by Step Kids  
Mark Bullock  
Linda Almond – Highgate and Islington Tennis Centres  
Lucy Matthews – Selby Centre

### Agenda

1. Welcome and apologies for absence
2. Minutes and matters arising - Review of Action Points
3. Social Model of Disability Update
4. Insight Feedback from Carers
5. Current/Planned Activities & Services
6. Any other business
7. Propose date of next meeting



## 1. Welcome

Those that were present in person and joined online, introduced themselves. Apologies were made for those that were absent.

## 2. Minutes and matters arising - Review of Action Points

Daniel has sent Darren the advert for the Leisure Centre visits/audits, should DAH want to add or change anything.

## 3. Social Model of Disability Update

An event is taking place on the 29<sup>th</sup> June, both online and at the Winkfield Resource Centre for ambassador training. Darren invited any interests to contact him for their attendance and the event details.

Phil invited those that were interested in becoming an ambassador or to find out more about the Social Model of Disability, to get in contact and share with their networks.

## 4. Insight Feedback from Carers

Following a meeting with a number of carers (paid and unpaid) to discuss what they can access, Anita provided feedback and has requested this discussion be a running item on the agenda, which Darren read out for on her behalf. Daniel opened the floor to any questions following the feedback provided, for him to respond.

**4.1 Health and wellbeing for themselves and both care and the person being cared for, are unable to get timely health cheques. Would it be possible to offer cheques for diabetes, blood pressure, cholesterol, weight management at key borough events at their community centres.**

**4.2 For groups and activity provisions, would it be possible to offer carers and their families, as well as those cared for, free activities during the day, as well as occasional evening and weekends, with the provision to include age 24 plus?**

Flyers are being distributed around the borough, which shows the free and different physical activities within the parks.

**4.3 In terms of communication, can key community centres be encouraged to share what they're doing and what they offer through key borough communications printed as well as online? And can there be more in person meetings promoting and delivering key services?**



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**4.4 Travel, parking and the LTNs continue to prove to be a barrier to community and resident inclusion, people are struggling to leave their home or get around. Are there exemptions or other support available?**

**4.5 There are impacts on pharmacy and Meals on Wheels deliveries.**

**4.6 Residents, particularly those with long term health conditions and disabilities, are being sent letters from fusion asking to renew their membership even though they have been unable to access the swimming pools.**

Daniel will request from Anita, the letter which is being sent out by Fusion to their members.

**4.6 Are there any concession for the carers who may want to take part in any physical activity themselves at the gyms or swimming pool?**

There is free access for the carers at leisure centres if they are there to support an individual, with a concession rate if visiting independently.

Carers can request a template letter from Carers First, to aid them in receiving the concessionary rate for both memberships and pay and play.

**4.7 Is there an update on Tottenham Green opening?**

A statement was issued early June 2023 regarding Tottenham Green Pool, which is estimated to re-open towards early 2024, but a more accurate timeline cannot yet be given until the power is back on.

**4.8 It was noted that the baby changing units are placed in the accessible toilets, which causes an inconvenience when accessing the toilets with a wheelchair. There has also been a broken baby changing unit in**

Any new parks and restorations will be fitted with new baby changing facilities.

**4.9 Radar keys to be prioritised for disabled people needing an accessible toilet, and not for those that need to use a clean toilet.**

Action: Daniel to send all attendees the recent statement regarding Tottenham Green Pool, which can be circulated to members.

Action: Daniel to request from Anita, a copy of the letter sent out by Fusion to their members.

## 5. Current/Planned Activities & Services

A meeting was held between DAH and Jack Brooks, who's the head of visitor services at Alexandra Palace, and Alexandra Palace are currently running an online survey about



accessibility and inclusion. DAH have run adverts and links for that on social media and on the DAH website.

The issue has been raised for the mobility issues to get to the top of the hill at Alexandra Palace, which is being looked into for appropriate access needs. A survey has been created regarding accessibility issues at Alexandra Palace, which is open to the public.

There will be a new batch of activity vouchers issued for this Summer, which Daniel Ball is leading (within DAHPAN) and is happy for Lizzy Ngotta to mention when sending out the accessibility survey links.

**Action: Darren to send details with links for Alexandra Palace's accessibility pages on their website and information on ticketing for accessibility, which includes for every purchased ticket, a free ticket will be given to a carer or a friend for the purchased accessible ticket.**

**Action: Darren to send the survey link for feedback of accessibility issues.**

## 6. Any Other Business

As of the 17<sup>th</sup> May walks have been available at the New River Sports Centre and continue every Wednesday at 10am for about 55 minutes, either on the tracks or on the green.

A new DAHPAN logo has been created by DAH, for publicity use, for people to visually identify the project.

It was all agreed for those present to have each other's email addresses.

**Action: Qasim to share information on the weekly New River Sports Centre walks**

**Action: Tash to circulate information's o adults swimming**

**Action: DAH to circulate the new DAHPAN logo**

**Action: DAH to circulate the new SEND Power/ Bridge Trust Renewal website link.**

## 7. Propose Date of Next Meeting

Due to the school holidays coming up, a confirmed date could not be given. It has been suggested for the middle of September dates.

**Action: DAH to propose the next meeting for mid September.**