



Unpaid Carer Survey

Unpaid carers play an important role in our society. If you are an unpaid carer or are somebody who is supported by an unpaid carer, please tell us about your supported experiences. Survey responses are anonymous; however you may provide your contact details at the end of the survey (section 4) if you wish to receive further information about our free support services.

1. Please describe the activities you provide to the person you are supporting and how often you provide this support. *

- Washing/Bathing
- Dressing
- Meal Preparation
- Eating/Drinking
- Mobility
- Housekeeping
- Booking Appointments
- Travel
- Accessing Activities & Services
- Sports & Leisure
- Communications
- Other

2. What is your relationship with the person you support? *

- Parent
- Child
- Other relative
- Friend
- Neighbour
- Other

3. How many people do you support? *

- One
- Two
- Three
- More than 3 people

4. How many hours support do you provide per week? *

- 1 Hour
- 2 Hours
- 3 - 5 Hours
- 6 - 10 Hours
- 11 or more hours per week

5. Are you also in any paid employment or a voluntary role? *

Yes

No

Other

6. Does anybody support you to provide this care? *

Yes

No

Other

7. Do you provide support to access services and activities? If so, which activities and services? *

8. Do you experience any barriers to accessing activities? *

9. Are you aware of the support that is available to you throughout the borough? *

10. Assistive Technology may be able to support you in your role as a carer.
Would you like more information on this? *

Yes

No

11. Is there any training that would support you in your caring role? Would you like support to identify training that is available? *

12. Do you feel valued in your caring role? *

Yes

No

Maybe

Equality monitoring questions

Collecting, analysing, and using equalities information helps us to understand how our policies and activities are affecting various sections of our communities and helps us to identify any inequalities that may need to be addressed. We will be grateful if you could complete and return this form. The information you provide on this form will be held in the strictest confidence and only be used for the purpose stated above.

13. AGE - Which age group applies to you? *

16 and under

17-21

22-29

30-39

40-49

50-59

60-74

75+

14. Please tick the box that best describes your sex. *

Male

Female

Non-binary

Prefer not to say

Other

15. Trans is an umbrella term used to describe people whose gender identity is not the same as, or does not sit comfortably with, the sex they were regarded to be at birth. Do you consider yourself to be trans? *

Yes

No

Prefer not to say

16. Disability - Under the Equalities Act 2010, a person is considered to have a disability if she/he has a physical or mental impairment which has a substantial and long-term adverse affect on her/his ability to carry out normal day-to-day activities. Are you disabled? *

Yes

No

Prefer not to say

17. Please tell us which of the following impairment groups apply to you. You may tick more than one box. *

Visual Impairment

Hearing Impairment

Learning Difficulties

Neurodiverse

Physical Impairment

Mental health/mental distress issues

Long term health condition/hidden impairment

Prefer not to say

18. How would you describe your national identity? *

19. How would you describe your ethnic group? *

20. What is your sexual orientation? *

Bi-sexual

Gay

Lesbian

Prefer not to say

Other

21. Religion or belief - How would you describe your religion or belief? *

Atheist

Christian

Jewish

Rastafarian

Buddhist

Hindu

Muslim

Sikh

Prefer not to say

No religion

Other

22. Marriage and Civil Partnership *

Single

Co-habiting

Seperated

Widowed

- Married
- Civil Partnership
- Divorced
- Prefer not to say
- Other

23. Which is your preferred language? *

YOUR DETAILS:

24. Your name

25. Phone number

26. Email address

View our privacy policy:

[www.d-a-h.org/index.php/privacypolicy.](http://www.d-a-h.org/index.php/privacypolicy)

Thank you for completing this survey, the results will help us to ensure that we provide the appropriate support, activities and services to meet your needs.