

**AFK Disability Hornsey**

info@afkcharity.org

020 8347 8111"

AFK helps children and young people with disabilities and autism live more independent, fulfilling lives.

**BUBIC- drugs and alcohol Haringey**

Tel: 020 8808 6550

Email: [info@bubic.org.uk](mailto:info@bubic.org.uk)

A local community drug and alcohol service set up by ex-drug users. They run support groups, a café, one to one advice, support to carers and other activities across Haringey to help people overcome problematic drug use, especially crack use.

**Care Act Advocacy – Voiceability London**

Email: beh@voiceability.org

Telephone: 020 8900 2221

Social care teams in the local authority have a duty to make sure that people are fully involved in understanding and making decisions about the care and support they need. For people who will find it very hard to be fully involved in the care process, independent advocacy is available.

**CARIS Haringey Haringey**

CARIS Haringey, St Philip's Church, Philip Lane, N15 4HJ

Tel: +44 020 8801 3004

Email: [info@carisharingey.org.uk](mailto:info@carisharingey.org.uk)

Open to everyone in temporary accommodation in the London Borough of Haringey, and our service-users in

### **Connected Communities Haringey**

ConnectedCommunities@Haringey.gov.uk, 02084894431

Depending on the support you'd like, our Connected Communities team can:

provide information, advice and guidance, and show you where you can get this information

help you to access a service, which may include:

explaining the next steps

supporting you to complete forms

speaking to service providers on your behalf so that your voice is heard

introduce you to specialist advisers in other teams if we're not the best people to support you – this may be a different team in the council or another organisation "

### **Day Centres Haringey**

<https://haricare.haringey.gov.uk/s4s/WhereILive/Council?pageId=5268&Filter=58c25dad-591f-42b6-8fad-ab9501090834>

A list of day centres which residents can attend

### **First Response Team Haringey Council**

Tel: 020 8489 1400 Opening Hours 9am - 5pm, Monday - Friday

Email: [Firstresponseteam@haringey.gov.uk](mailto:Firstresponseteam@haringey.gov.uk)

Adult Health and Social Care front door team for all enquiries relating to accessing care

### **GamCare Nationwide**

<https://www.gamcare.org.uk/>

The National Gambling Treatment Service is a network of organisations working together to provide confidential treatment and support for anyone experiencing gambling-related harms, free to access across England Scotland and Wales.

### **Haringey Citizen's Advice Bureaux Haringey**

Call 0300 330 1187 for advice, Monday to Friday, 10am to 1pm and 2pm to 4pm

Web: [Haringey Citizens Advice website](http://www.haringey.gov.uk/citizensadvice)

We are here to provide information, advice and guidance to those who live, work or study in the London Borough of Haringey.

**Haringey Law Centre    Haringey**

OPENING HOURS: Weekdays – 11am to 4:30pm (access via telephone)

PHONE: 020 8808 5354

EMAIL: [info@haringeylawcentre.org.uk](mailto:info@haringeylawcentre.org.uk)" Haringey Law Centre's solicitors, caseworkers and volunteers aim to provide and deliver independent legal advice, assistance and representation in housing, debt, welfare benefits, asylum, immigration and employment law matters.

**Haringey Somali Community & Cultural Association    Haringey**

020 8885 1307 Haringey Somali Community & Cultural Association (HSCCA) is one of the leading Somali charitable companies in London providing free legal advice, information and support services to members of the Somali Community in Haringey.

**Health Care Complaints advocacy - PohWER    UK wide**

Helpline: 0300 456 2370

Text: send the word 'pohwer' with your name and number to 81025 and we will contact you

Email: [pohwer@pohwer.net](mailto:pohwer@pohwer.net)

Website: [www.pohwer.net/Haringey](http://www.pohwer.net/Haringey) (external link)"

If you wish to make a complaint about treatment provided under the NHS.

Hearthstone (Haringey Domestic Violence Advice and Support Centre)    Haringey    020 8888 5362 (9am to 4pm, Monday to Friday)    Hearthstone provides emotional and practical support for anyone experiencing domestic abuse in Haringey, including legal advice, housing advice including access to refuge accommodation, access to counselling, advice on staying safe and making your home safer.

**Home Start    Tottenham**

020 8352 4151

Home-Start's expert staff and trained volunteers work alongside families just like yours to give non-judgmental, compassionate and confidential support.

They help you regain confidence and be the parent you want to be. Below are some of the areas we can help with."

**Hornsey Vale Community Centre                      Haringey**

020 8348 4612

info@hornseyvale.org

Volunteering opportunities with a rewards scheme and community events

**Hourglass- Older people abuse line**

Helpline                      0808 808 8141

One key way in which we address elder abuse is through our unique confidential freephone helpline, which provides information, advice and support to victims and others who are concerned about or have witnessed abuse, neglect or financial exploitation. No referral needed.

**Independent Domestic Violence Advocacy (IDVA)                      Haringey**

03000 120 213

Email: [info@niaendingviolence.org.uk](mailto:info@niaendingviolence.org.uk) "nia IDVA services in Haringey which supports women who have been identified as being at high risk of serious harm, including homicide, through domestic violence.

IDVA"

**Independent Mental Capacity Advocacy (IMCA) - Voiceability**

Email: [beh@voiceability.org](mailto:beh@voiceability.org)

Telephone: 020 8900 2221 - Helpline" This is for people who have been assessed as lacking capacity to make a decision. When a best interests decision is being made about medical treatment or long term accommodation, the IMCA will support the person, and represent them in the decision making process.

**Kurdish & Middle Eastern Women's Organisation**

Islington                      "020 7263 1027

[www.kmewo.com](http://www.kmewo.com)" KMEWO provides free, confidential and non-judgemental services in a safe and friendly environment for Kurdish, Middle Eastern and North African women.

**Kurdish Community Centre     Haringey**

020 8880 1804    <https://daymer.org/>

Men's Advice Line     London "0808 8010327

Contact Hours: Monday-Friday 9am-5pm.

Email: [info@mensadvice.org.uk](mailto:info@mensadvice.org.uk)    "Help and support for male victims of domestic violence

Men's Advice Line: a confidential helpline for any man experiencing domestic violence and abuse from a partner (or ex-partner)."

**Metro Charity    UK wide**

Email [mentalhealth@metrocharity.org.uk](mailto:mentalhealth@metrocharity.org.uk) or call our mental health team on 020 8305 5009

Adult LGBT support and advice

**Mind in Haringey     Haringey**

General Enquiries 0208 340 2474

Haringey Wellbeing Network 07508 511128

Mind in Haringey provides information, advice and support to people affected by mental health problems, primarily in Haringey. We work to prevent mental health problems, promote mental well being and ensure those with mental health problems are respected and included in our local community.

**Mobility and Seating Solution Centre (MSSC)    Whittington Hospital**

Access through GP referral for client     GPs can refer their patients to them so they can get access to wheelchairs. The Mobility and Seating Solutions Service at Whittington Health assists with provision of wheelchairs, accessories and cushions.

**Mobility scooter purchase and hire     UK wide**

<https://www.motability.co.uk/>

<https://www.fortunamobility.com/rental-products-on-the-move>

The provision of a mobility scooter is not funded by adult social care or the health service so clients have to self-purchase the scooter if they would like one. Most people with disabilities use the mobility component of their personal independence payment (PIP) to purchase a mobility scooter or rent one from the motability service or other companies.

**Polish & Eastern European Christian Family Centre      Camden**

020 8365 9090

[www.peec.org.uk](http://www.peec.org.uk)

We are a Polish and Eastern European Christian Family Centre operating in the north of London. Our goal is to reach Polish and Eastern European society, while maintaining common respect, support and providing appropriate assistance.

**Selby Food Hub Tottenham**

Reception, Selby Centre, Selby Road Tottenham London N17 8JL "The Selby Trust is keeping its doors open to deliver the Selby Food Hub.

Normal opening hours and information: Opening Times: Tuesday 2pm - 4pm , Thursday 1.30pm - 3.30pm - We accept anyone who feels they need help. You do not need a voucher.

**Silver Line Helpline      UK wide**

Phone number: 0800 4 70 80 90

Email: [info@thesilverline.org.uk](mailto:info@thesilverline.org.uk)

The Silver Line Helpline The Silver Line is the only confidential, free helpline for older people across the UK open every day and night of the year.

**Solace Women's Aid      London 0808 802 5565**

Solace Women's Aid is an independent charity providing a range of services for women and children affected by domestic violence and domestic abuse.

**Solace Women's Aid Counselling      Tottenham**

Phone number: 020 8802 8782

Email: [trianglecentre@haringey.gov.uk](mailto:trianglecentre@haringey.gov.uk)      Wednesday 10am -3pm Appointment only

**The Community Hub      Haringey**

020-8889-6938 and [office@thecommunityhub.org.uk](mailto:office@thecommunityhub.org.uk)

Volunteering opportunities, counselling and wellbeing services

**Turkish Cypriot Community Association Hackney**

020 8826 1080 <https://daymer.org/>

The Turkish Cypriot Community Association is a charity supporting the local area, helping them to access community services and encourages societal cohesion