

Autism Hub Weekly Activity Timetable October 2022

Week Commencing: Monday 3rd October 2022

Monday 3 rd October	Tuesday 4 th October	Wednesday 5 th October	Thursday 6 th October	Friday 7 th October	Saturday 8 th October
	Information and Advice 10am – 1pm In Person -AH Autism Hub (Appointment Only)		Information and Advice 10am – 1pm In Person -AH Autism Hub (Appointment Only)	Gardening Group 1.30pm – 3pm In Person AH Autism Hub	
	Music with George 2pm -3.30pm In- Person – AH Autism Hub	Lunchtime Mindfulness 12.30-12.45 Online via: Microsoft Teams	Basket Weaving with Cyril 2pm – 3:30pm In Person AH Autism Hub	Tea and Chat 5pm- 5.30pm Online via: Microsoft Teams	
	Afternoon Social 2pm-4pm In-Person – AH Autism Hub		Afternoon Social 2pm-4pm In-Person – AH Autism Hub		

If you would like to visit the hub, attend any of our groups, or would like more information please email: autismhub@haringey.gov.uk or call/text Cyril – 07773628429 Mikayla 07929839921.

Autism Hub Weekly Activity Timetable October 2022

Week Commencing: Monday 10th October

Monday 10 th October	Tuesday 11 th October	Wednesday 12 th October	Thursday 13 th October	Friday 14 th October	Saturday 15 th October
	Information and Advice 10am – 1pm In Person -AH Autism Hub (Appointment Only)		Information and Advice 10am – 1pm In Person -AH Autism Hub (Appointment Only)	Gardening Group 1.30pm – 3pm In Person AH Autism Hub	
	Tapestry with Eliot 2pm – 3.30pm In-Person – AH Autism Hub	Lunchtime Mindfulness 12.30-12.45 Online via: Microsoft Teams	Basket Weaving with Cyril 2pm – 3:30pm In Person AH Autism Hub	Tea and Chat 5pm- 5.30pm Online via: Microsoft Teams	
	Afternoon Social 2pm-4pm In-Person – AH Autism Hub		Afternoon Social 2pm-4pm In-Person – AH Autism Hub		

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Week Commencing: Monday 17th October

Monday 17 th October	Tuesday 18 th October	Wednesday 19 th October	Thursday 20 th October	Friday 21 st October	Saturday 22 nd October
	Information and Advice 10am – 1pm In Person -AH Autism Hub (Appointment Only)		Information and Advice 10am – 1pm In Person -AH Autism Hub (Appointment Only)	Gardening Group 1.30pm – 3pm In Person AH Autism Hub	
	Music with George 2pm -3.30pm In- Person – AH Autism Hub	Lunchtime Mindfulness 12.30-12.45 Online via: Microsoft Teams	Basket Weaving with Cyril 2pm – 3:30pm In Person AH Autism Hub	Art for Wellbeing 5.30pm-7pm In-Person – AH Autism Hub	
	Afternoon Social 2pm-4pm In-Person – AH Autism Hub		Afternoon Social 2pm-4pm In-Person – AH Autism Hub		

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Autism Hub Weekly Activity Timetable October 2022

Week Commencing: Monday 24th October 2022 (Half-Term)

Monday 24 th October	Tuesday 25 th October	Wednesday 26 th October	Thursday 27 th October	Friday 28 th October	Saturday 30 th October
	Information and Advice 10am – 12pm In Person -AH Autism Hub (Appointment Only)		Information and Advice 10am – 12pm In Person -AH Autism Hub (Appointment Only)	Gardening Group 1.30pm – 3pm In Person AH Autism Hub	
	Games Connection 11am-12.30pm In Person -AH Autism Hub	Wednesday Crafternoon 1pm – 2.30pm In Person -AH Autism Hub	Games Connection 11am-12.30pm In Person -AH Autism Hub	Friday Evening Social 5pm – 7pm In-Person Autism Hub	
	Tapestry with Eliot 2pm – 3.30pm In-Person – AH Autism Hub		Basket Weaving with Cyril 2pm – 3:30pm In Person AH Autism Hub		
Coproduction Group Meeting 5pm – 6pm Online: Via Microsoft Teams	Afternoon Social 2pm-4pm In-Person – AH Autism Hub		Afternoon Social 2pm-4pm In-Person – AH Autism Hub		

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