



Programme of events
and activities for over 50s

June 2022



How to book

Call: **020 3196 1894**

Email: **hello@haringeycircle.com**

Website: **www.haringeycircle.com**

Payment will be taken over the phone using your debit/credit card unless the activity is free.

Activities are colour coded:

Event

Talks, discussions, coffee mornings, quizzes and more.

Learning

Classes, workshops, lectures and new skills.

Get Active

Keep fit, swimming, walking and other physical activity.

Experience

Tours, exhibitions, theatre visits, day trips etc. and more.

Social

Get togethers, lunches, pub visits, telephone circles and more.



= A Haringey Circle host/tutor will be present.



= Requires advance booking.



= Places are limited.

Bingo at Fusion Leisure Centre



Every Monday / 2pm to 4pm

£10

Join Circle friends for our weekly Bingo at Fusion Leisure centre. Come to have fun and win one of the many cash prizes.



Venue: Fusion Leisure Centre, 1 Philip Lane, London N15 4JA

Shape Up with Spurs Foundation



Every Monday 5.30pm / Wednesday 10am

FREE

Join the Shape up with Spurs yoga sessions to experience a fantastic form of activity that is widely known to boost your physical and mental health.



Venue: On the internet from your home. Book your place, and we will send you all the details.

Dance Classes with Candy 1

Every Tuesday / 2pm to 3pm

Would you like to exercise but have fun at the same time? Join Candy for a dance class and learn basic routines that will get you to move and groove.



Venue: Goan Community Centre, Keston Road, Tottenham N17 6PW.

Weekly Walk



Every Wednesday / 11am to 12pm

FREE

We choose a new destination each week for these one hour walks. This is a chance to chat to other Haringey Circle members and visit a place you may not have been to.



Venue: The destination and meeting point will be confirmed when you register.

Gardening at Wolves Lane



Every Thursday / 10am to 1pm

FREE

Members get to work on a variety of important projects at the centre, from looking after plants to packing fruit and veg boxes for local residents. Free lunch provided.

Venue: Wolves Lane Garden Centre, Wolves Lane, N22 5JD.

Dance Classes with Candy 2



Every Thursday / 2pm to 3pm

£5

Would you like to exercise but have fun at the same time? Join Candy for a dance class and learn basic routines that will get you to move and groove.



Venue: Hornsey YMCA, Elmfield Avenue entrance, 184 Tottenham Lane, Crouch End, N8 8SG.

Connecting Well/ Nature Walk



Every Friday / 10am – 11am

FREE

Come and join us for age-friendly and pleasant walks in Lordship Rec. Enjoy what is happening in nature and meet new people. You don't need to pre-book.



Meeting Point: Outside Lordship Hub, Lordship Recreation Ground, Higham Road, N17 6NU.

Connecting Well/ Cycling lesson



Every Friday / 11am to 11.45am

FREE

Join this cycling lesson to learn how to ride a bike or improve your cycling skills with an experienced instructor. We can provide you with a bike. Pre-booking needed.

Meeting point: Outside Lordship Hub, Lordship Recreation Ground, Higham Road, N17 6NU.

Circle Online Quiz time



Every Friday / 5pm to 5.30pm

FREE

Join us for our Online Quiz Time event every Friday! It is a multiple-choice, general knowledge quiz and takes approximately half an hour to complete.



Venue: On the internet from your home. Book your place, and we will send you all the details.

Beginners Spanish Class



Every Friday / 5pm to 6pm

FREE

Join Naomi and Circle members for this friendly online class. You'll need internet access on a computer/laptop or tablet and a pen and a paper.



Venue: On the internet using Zoom from your home. Book your place, and we will send you all the details.

Jubilee Tea Party at Bedale House



Wednesday 1 June / 2pm to 4pm

FREE

Join us for performances from singers, poets and spoken word, as well as lunch and pot planting. Spaces are free, but you have to reserve your place in advance.



Venue: The Bedale House, 23 Boyton Road, Hornsey, London, N8 7AZ.

Queen's Platinum Jubilee Lunch



Sunday 5 June / 12pm to 4pm

FREE

Join us for a Bring and Share to celebrate the Queen's Platinum Jubilee, Big Lunch, as part of the National Celebrations. Further information will be available soon.



Venue: Duckett's Common, Turnpike Lane, Haringey, London, N15 3DX.

Coffee Afternoon at the Town Hall



Tuesday 7 June / 12pm to 2pm

FREE

Our regular Coffee Morning will be a Coffee Afternoon this month! And Circle members will have the opportunity to meet with Circle friends while enjoying a cup of tea/coffee.



Venue: Tottenham Town Hall, Town Hall Approach Road, London, N15 4RX or online.

Lizzie's concert at the Town Hall



Tuesday 7 June / 3pm to 5pm

FREE

Our favourite singer, Lizzie, returns to perform some classic and modern songs for us at the Tottenham Town Hall. Spaces are limited, so get in touch soon to reserve your place!



Venue: Tottenham Town Hall, Town Hall Approach Road, London, N15 4RX or online.

Lunch at Bernie Grant Arts Centre



Wednesday 8 June / 1pm to 3pm

£TBC

Catch up with Circle friends and enjoy a delicious African meal at Smokey Okey's restaurant in Bernie Grant Arts Centre. Our lunch events are always popular, so booking is essential.



Venue: Bernie Grant Arts Centre, Town Hall Approach Rd, London, N15 4RX..

Tottenham Community Choir



Sunday 12 June / 2.30pm to 4pm

FREE

Special performance for Circle members from Tottenham Community Choir at Chestnuts Community Centre. Donations are encouraged if possible.



Venue: The Chestnuts Community Centre, 280 St. Ann's Road, London, N15 5BN.

Priory Park Walk and Lunch



Wednesday 15 June / 12pm to 3pm

£TBC

Join Circle friends for a walk through Priory Park, followed by lunch at Organic & Organic Café. You can choose to attend the walk, the lunch or both.



Meeting point: Outside the main entrance gates on the junction between Priory Road and Middle Lane N8.

Digital Audio editing session



Friday 17 June / 2pm to 4pm

FREE

Join us for this fun and interactive session of Digital Audio editing with local expert and ex sports and radio journalist Andrew Cheal. Book your place!



Venue: Tottenham Town Hall, Town Hall Approach Road, London, N15 4RX.

Lunch at The Mossy Well N10



Friday 24 June / 2pm to 4pm

£TBC

Catch up with Circle friends and enjoy a delicious meal at the Mossy Well pub in Muswell Hill. Our lunch events are always popular, so booking is essential.



Venue: The Mossy Well, 258 Muswell Hill Broadway, Muswell Hill, London, N10 3SH.

Sunday Roast



Sunday 26 June / 1pm to 3pm

£TBC

Enjoy a freshly prepared, delicious Sunday Roast at the Antwerp Arms pub amongst Circle friends. Our lunch events are always popular, so booking is essential.



Venue: The Antwerp Arms pub, 168-170 Church Rd, London. N17 8AS.

A talk with Lawyer Douglas McQuaid



Tuesday 28 June/ 1pm to 3p

FREE

Join us for a talk and meeting with local lawyer Douglas McQuaid. He will talk about Wills, Trusts, Probate, Lasting Powers of Attorney and Tax Mitigation.



Venue: Tottenham Town Hall, Town Hall Approach Road, London, N15 4RX.

Highgate Woods Walk and Lunch



Wednesday 29 June / 12pm to 3pm

£TBC

Join Circle friends for a walk through Highgate Woods, followed by lunch at Toff's Fish and chips restaurant. Get in touch to book your place!



Meeting point: Outside the Woodman Pub, 414 Archway Rd, London, N6 5UA.

Sign up for Membership

To become a member, complete this form and return to the Freepost address on the back page.

Full name:

Title
(Miss, Mr, Mrs etc.):

Telephone number:

Email:
(if you have one)

Preferred method
of contact: ☐ Telephone ☐ Email ☐ Text

Address:

Postcode:

Date of birth: Gender:

Next of kin / Emergency contact

Full name:

Telephone number:

Email:
(if they have one)

Briefly tell us about two of your hobbies or interests

Hobbies or interests 1	Hobbies or interests 2

Membership fees

Gold: £48 pa / Silver: £10 pa ('At Home' Services only).

Payment

Preferred payment method

- ☐ Debit or Credit Card - over the phone
- ☐ Cheque (send with this form)
- ☐ BACs Bank Transfer

Debit or Credit or Card - over the phone

Call 020 3196 1894 (Monday to Friday 9.30am to 5.00pm).

Bank Transfer (BACs)

Account Number: 20436340. Sort-Code: 60-83-01.

Cheque

Please make cheques payable to Haringey Circle.

☐ **Agreement and consent** (Tick here to provide consent)
We will store the information on this form securely, keeping your details on our membership database. We will send also you news and information about events and activities.

If you have an idea for an activity, or would like help organising something that others could get involved in, do get in touch.

We're open to all kinds of ideas and suggestions. We can also help you to set up something close to where you live.



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